

Ingrid Tronshaug

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Ingrid Tronshaug specialises in insolvency law, including bankruptcy and restructuring/debt negotiations. She counsels distressed companies and assists clients with credit and debt protection, including enforcement. Ingrid assists all parties of such cases, including as a trustee, for the debtor or for the creditor. She has extensive experience and expertise especially in bankruptcy law and estate administration and has handled a large number of bankruptcy estates, including several of the largest bankruptcy cases in Norway over more than a decade. Ingrid has a permanent position as a trustee for bankruptcy, forced liquidation and forced dissolution estates at the Oslo District Court, and she is regularly appointed as a trustee in such cases. In addition to her long experience as a lawyer, Ingrid has done an internship for a bankruptcy judge in New York. Moreover, Ingrid has written several articles on Norwegian insolvency law, including in publications such as the Chambers Insolvency Guide, the International Insolvency Review, the International Restructuring Review, and Getting the Deal Through. She also gives talks for clients and organisations. Ingrid is a member of the International Insolvency Institute's NextGen Leadership Program and of INSOL Europe.

Work experience

Managing associate, Wiersholm, 2023

Senior Lawyer, Kvale Advokatfirma DA, 2016

Industry expertise

Areas of practice

Restructuring and Insolvency

Judicial Intern to the Honorable Elizabeth S. Stong, United States Bankruptcy Court, Eastern District of New York, 2016

Senior Associate, Kvale Advokatfirma DA, 2013

Associate, Kvale Advokatfirma DA, 2009

Education

Master of Law, University of Oslo, 2009

LL.M. in Corporate and Commercial Law, University of Southampton, 2009

Awards

Rising Stars , Legal 500, Insolvency and Corporate Recovery , 2024