

Helena Karoline Lie Norum

Managing Associate
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Helena mainly provides advisory and dispute resolution services within labour law for national and international companies. Her work includes assistance in staff reduction processes, individual dismissal cases, transfers of undertakings, and questions regarding hiring of personnel. Helena also has extensive experience in providing labour law advice in transactions and investigations, as well as in labour law dispute resolution and litigation. Helena further assists in a wide range of labour law issues, including whistleblowing, protection of privacy, working hours, working environment and pensions.

Work experience

Managing Associate, Wiersholm, 2022
Senior Associate, Wiersholm, 2019
Deputy Judge, Follo District Court, 2018
Deputy Judge, Ringerike District Court, 2018
Senior Associate, Advokatfirmaet Schjødt AS, 2018
Associate, Advokatfirmaet Schjødt AS, 2015

Education

Master of Law, University of Oslo, 2015
One-Year Programme in Psychology, University of Oslo, 2008

Industry expertise

Areas of practice

Employment Law